

# SNOW ACTIVITIES IN BACKCOUNTRY IS RISKY.

Snow panorama of winter mountains in Hokkaido is so attractive. But, remember

## THERE ARE INHERENT RISKS

in snow activities in backcountry. To enjoy the nature in Hokkaido, observe the following rules.

- ▶ 1. Check the information of **weather** and **avalanche**.
  - Are there advisories or warnings of wind or snow?
  - Is there a high risk of avalanche?
  - Do you have an access to the latest weather forecast?
- ▶ 2. Check the **terrain** and **route**.
  - Are your skill and strength enough to traverse the route?
  - Do you have a clear vision from start to finish of the mountaineering?
- ▶ 3. Start mountaineering with **winter equipment**.
  - Do you have three MUST items ( beacon, probe and shovel )?
  - Do you have the equipment and food to survive under bad weather?
  - Do you have a mobile GPS, a communication device, such as a mobile phone and spare batteries?
- ▶ 4. Submit **a mountaineering plan**.
  - Organize a party, don't go alone.
  - Is the mountaineering plan feasible?  
Have you submitted a mountaineering plan?
- ▶ 5. **Withdraw with courage**
  - Are you prepared to withdraw the mountaineering under bad weather or no visibility?
  - Do you know how to act to save your life in the case of distress?