Building Connections

Multicultural in Tokachi Coexistence



For easier living, check out these!



When in trouble...

Hokkaido Foreign Resident Support Center

For any issues related to resident status (visa), labor issues, health insurance, driver's license, public transportation...

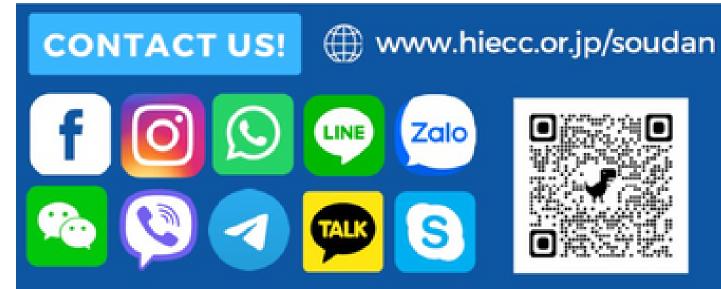
And other everyday life concerns you can consult with us for free!

- (9) Hokkaido Government Office Annex Bld. (12th Floor) West 7, North 3 Chuou-ku Sapporo City
- 011-200-9595
- support@hiecc.or.jp

Free phone consultation! Multilingual support available!







About the town you live in

Obihiro City International Affairs Office



- Tourism Exchange Department, International Exchange Section
- **Tokachi International Relations Center**
- 1-2 Nishi 20-jo Minami 6-chome Obihiro City
- © 0155-34-0122
- tirc@city.obihiro.hokkaido.jp







want to know!

Trash

Recycling



Pension



need some advice!

Taxes

Consultation for daily life



Certificate Issuance

Pregnancy Childbirth Child-rearing



I want to learn Japanese!

Japanese Conversation and Learning Table Tokachi International Relations Center

Details: Conversation-style lessons with Japanese volunteers

Date/time: Every 2nd and 4th Saturday at 16:00-17:30

Place: Tokachi International Relations Center Fee: Free 0155-34-0122

tirc@city.obihiro.hokkaido.jp





Japanese Lessons Nihongo Support Hokkaido

Details: JLPT Training etc.

Place: Decided through discussion or onlin

Fee: Please contact us 080-3292-2879

info@nihongosupport-hk.or.jp



I want to sightsee and socialize! I want to discover the charm of the region!

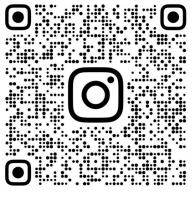
JICA Hokkaido Center (Obihiro)

Coordinator for International Cooperation

- 1-2 Nishi 20-jo Minami 6-chome **Obihiro City**







@JICA_OBIHIRO

Tokachi International Association

- 1-2 Nishi 20-jo Minami 6-chome Obihiro City Tokachi International Relations Center
- **(0**) 0155-34-0122

We provide consultation services for foreginers living in Tokachi!



#Let's build connections in Tokachi #Sightseeing spots # Events

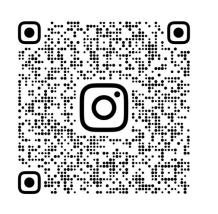


Hokkaido Tokachi General **Promotion Bureau**

Regional Revitalization Department, Regional Policy Division

- Higashi 3-jo Minami 3-chome Obihiro City
- 0155-27-8521





@TOKACHI_LIFE_OFFICIAL

*This leaflet was created in March 2025 by the 3 organizations above and each municipality.

Tokachi International Association

・勝インターナショナル協会